Palestinian Medical Students' Association – Hebron

"Palestine Polytechnic University"

PMSA – Hebron PPU Activities Report

Standing Committee On Medical Education (SCOME)						
#	Date	Title	Leader & Coordinators	Budget	Participants	Description
1	1/4/2023	How to study Anki and UWorld question bank.	Abdallah Naser Amro - Local Officer on Medical Education. Dr. Tareq Zqier Dr. Qutaiba Qafisha	0 NIS	35 Students	It was important to work on a webinar to talk about important methods to study for UWorld questions bank and Anki app and we talk about the mechanism of applying for the American exams with clear steps. One of our most important goals in this webinar was to raise awareness among medical students to increase their knowledge of their UWorld question bank and Anki, and the mechanism of applying for international examination, and to expand their knowledge of medicine from these resources.
2	18/3/2023	Wound suturing course.	Abdallah Naser Amro - Local Officer on Medical Education. Nawwaf Amro	2100 NIS	30 Students	It was important to work on a wound suturing course to talk about important topics about suturing and types of it, and we talk about types of threads in suture as well as discussing topics in which there is a misunderstanding between the doctor and the patient and be kind with the patients. One of our most important goals in this work shop was to raise awareness among medical students to increase their knowledge of suturing and the mechanism of it, and to expand their knowledge of suturing and dealing between doctor and patient.
3	16/2/2023	PPU 1ST MD PreGrades Conference.	Abdallah Naser Amro -Local Officer on Medical Education. Dr. Neven Shalalfa Dr. Abdkareem Ashera Dr. Tareq Zqier Dr. Qutaiba Qafisha	450 NIS	259 Students	It was important to work on a medical conference to talk about important topics regarding the medical future and jobs that are in short supply in Palestine, and we talk about the mechanism of applying for the American exams with clear steps, as well as discussing topics in which there is a misunderstanding between the doctor and the patient, through a medical debate. One of our most important goals in this conference was to raise awareness among medical students to increase their knowledge of their medical future and the mechanism of applying for international examination, and to expand their knowledge of mental health and methods of dealing between doctor and patient.
4	30/12/2022	Colorectal cancer and polyps	Abdallah Naser Amro – Local Officer on Medical Education. Dr. Tareq Al-Hoor.	0 NIS	30 Students	The meeting started at 4 pm to 6 pm on Friday 30/12/2022, We have discussed about colorectal cancer and polyps surveillance and screening. The aim was to raise the level of medical knowledge among the students specializing in human medicine in the College of Medicine and Health Sciences at Palestine Polytechnic University, regarding risk factors, symptoms and diagnosis of colon cancer, and how to deal with it if it occurs.
5	20/4/2021	How could physics be a crucial medical science?	Razan Al-Zatary - Local Officer on Medical Education Dr. Hazem Abu Sara - A faculty member in the Department of Physics at Birzeit University, with the rank of Associate Professor	0 NIS	47 Students	PMSA HebronPPU hosted Dr. Hazem Abu Sara - A faculty member in the Department of Physics at Birzeit University, with the rank of Associate Professor. During the meeting, students learned about the relationship of physics and its great importance in the medical field. 47 Students benefited from the meeting

6	25/9/2020	Can we manipulate neural stem cells to enhance brain repair after injury?	Razan Al-Zatary - Local Officer on Medical Education Fatima Manasra - Local Officer on Research Exchange Dr. Malik Zaben - PhD in neurosurgery	0 NIS	62 Students	PMSA HebronPPU hosted Dr. Malik Zaben, a graduate of Al-Quds University - Abu Dis, who holds a PhD in neuroscience from the University of "Southampton" in Britain, and a neurosurgeon at "University Hospital" Wells" in Britain, and a lecturer at the University of "Cardiff" in the Institute of Neurosciences. He also holds the position of Executive Director of the International Medical Education Association (IMET2000), which provides many opportunities and training for medical students. Where the meeting covered: 1- Talked about the possibility of using stem cells to stimulate the treatment of damaged brain areas. 2- Talked about the Scientific Research Club of the Foundation, which targets medical students in Palestinian universities, and how to apply for it. 3- There was a room for asking and answering questions during the meeting.
7	(1) 21/9/2020 (2) 22/9/2020	CV & Personal Statement Workshop	Razan Al-Zatary - Local Officer on Medical Education Yousef Al-Saba'a	0 NIS	(1) 42 Students (2) 46 Students	Because the Medical Education Committee is interested in developing and upgrading the skills of medical students at the medical and academic levels, and at the level of personal skills, two workshops were coordinated on writing a CV and a personal statement, as they are among the most important skills that medical students need in their scientific career, and practical. The two workshops were presented by the trainer, Youssef Al-Saba. Coordinator of the Human Rights and Peace Committee at the International Federation of Medical Students' Associations in Palestine. A trainer in the field of writing personal essays and CVs. Worked with many local institutions and initiatives in this field. The first workshop was about writing a resume, its definition and types, and what should be avoided when writing it, in addition to models from different universities such as Harvard, Oxford and others. As for the second workshop, it was about writing the personal essay, which included the following topics: 1. Talking about the skills of writing a personal statement and its components. 2. View models accepted at universities such as Harvard and Edwards. 3. The most important points to increase your chances of admission to universities and how to write a professional academic personal essay. 4. Talking about the most common mistakes, what to avoid, and what increases the chance of acceptance. 5. Speaking of academic writing.
8	10/9/2020	intensive workshop in blood pressure and blood glucose	Razan Al-Zatary - Local Officer on Medical Education Nawwaf Amro	0 NIS	20 Students	The Standing Committee On Medical Education (SCOME) in PMSA-Hebron PPU has organized an intensive workshop in blood pressure and blood glucose measurement. Which was provided by the clinical nurse specialist Mr.Nawwf Amro, and it was held at Palestine Polytechnic University. The workshop targeted the 1st and 2nd year medical students, and it covered the definition, stages, and interpretation of blood pressure. In addition to different blood glucose tests. And it focused on the practical clinical training of every individual student in measuring both of the tests.

9	3/9/2020	Basic ECG skills Course	Razan Al-Zatary - Local Officer on Medical Education Nawwaf Amro	0 NIS	14 Students	The Standing Committee On Medical Education (SCOME) in PMSA-HebronPPU has organized a six-hour intensive course in (Basic ECG skills). The course was provided by the clinical nurse specialist and trainer Mr. Nawwaf Amro, and it took place in the Palestinian National Center of Occupational Safety and Health and Environmental Protection (COSHEP), which belongs to Palestine Polytechnic University in Hebron. This course targeted the third year medical students, and it covered several topics; including a brief revision on the heart anatomy and physiology, basic ECG skills, and also interpretation and treatment of the most important and common cases.
10	3/6/2020	Does Online Learning Ruin Your Eyes?	Razan Al-Zatary - Local Officer on Medical Education Daleen Shehadeh - Local Officer on Public Health Dr. Radwan Aljuneidi - an ophthalmologist	0 NIS	41 Students	The COVID-19 pandemic has spread to almost all parts of the world. Many colleges have suddenly switched to distance education to continue teaching while everyone else stays at least six feet apart to avoid spreading the virus. But this distance learning can affect our health in a negative way, especially on our eyes. It was necessary to hold an awareness lecture, to increase the students' knowledge of the problems and the negative effects resulting from sitting for long hours, watching the screens of mobiles and computers. 41 students benefited from this lecture.

Standing Committee On Professional Exchange (SCOPE)						
#	**Date**	**Title**	**Leader & Coordinators**	**Budget**	**Participants**	**Description**
1	21/2/2023	Professional Exchange and Specialization in Qatar with Dr. Rami Misk.	Yaman Qunaibi - Local Officer on Professional Exchange Dr. Rami Misk	0 NIS	189 Students	The online meeting that held via Zoom platform on Tuesday, 21-2-2023 at 7:00pm, and it lasts for two hours Dr. Rami Misk - Resident of Reconstructive and Plastic Surgery in Qatar - was the trainer, and he discussed the importance of the exchange process in general and Qatar in particular, the advantages of specialization abroad in general and Qatar in particular, the difficulties that students may face in this country, the most important papers and transactions that must be submitted And encouraging students to participate and apply for professional exchange contracts through his personal experience in Qatar, and he also answered all students' questions. The outcome was higher than expected, more than 200 students were present. We ended up giving certificates to all participants who filled the attendance form.
2	14/2/2023	How To Apply For A Research Exchange And A Professional Exchange.	Yaman Qunaibi - Local Officer on Professional Exchange Omar Heih - Local Officer on Research Exchange Rasha Shweiki - National Officer on Research Exchange - PMSA	0 NIS	75 Students	The online meeting that held via Google meet platform on Tuesday, 14- 2-2023 at 7:00pm, and it lasts for two hours, Rasha Shweiki –NORE PMSA - was the trainer, she started by introducing IFMSA, PMSA and Exchange program, Exchange aims, SCOPE\SCORE mission, the Academic quality steps, Exchange Application process in details and All students questions were answered. The outcome was higher than expected, more than 70 students were present. We ended up giving certificates to all participants who filled the attendance form.
3	4/11/2022	An introductory activity for the Professional Exchange Standing Committee “SCOPE-101”.	Yaman Qunaibi – Local Officer on Professional Exchange Heba Adwan – National Exchange Officer - PMSA	0 NIS	40 Students	The session was held via Zoom platform on Wednesday, 4-11-2022 at 7:00pm, and it lasts for two and half hours, Heba Adwan –NEO PMSA- started the meeting with ice-breaker activity, Introduction to the SCOPE Student Professional Exchange Committee, Explanation of the 9 steps of academic quality and a discussion of the Clinical case report. Then, some fellow members presented their own experience with the professional student exchange program in Italy with Baraa Alhendawi, Jordan with Yasmeen Jawabreh, and Egypt with Rola Bsharat, and All students questions were answered. The outcome was as expected, more than 30 student were present, and also the pre and post assessment forms show a good results. We ended up giving certificates to all participants who filled the attendance form.
4	20/2/2021	How to be a successful doctor	Mohammad Awad – Local Officer on Professional Exchange Dr. Osama Odat – Orthopedics Surgeon	0 NIS	81 Students	PMSA-HebronPPU hosted Dr. Osama Odat, a specialist in orthopedics and joints. Dr. Osama is a distinguished Jordanian orthopedic surgeon and has a large number of followers on social media. He presented many activities to medical students in various countries during his academic and professional career. Where the meeting addressed the following: 1- The basic pillars of the successful doctor and the most important factors contributing to this. 2- The difficulties that a doctor may face on his way to success. 3- How to properly organize the priorities.

5	19/9/2020	Study Smarter NOT Harder	Mohammad Awad – Local Officer on Professional Exchange Dr. Asma Al-Sharabati	0 NIS	59 Students	PMSA- Hebron PPU hosted Dr. Asmaa Al-Sharabati, a lecturer at Palestine Polytechnic University and a trainer in the field of administrative skills in several local institutions, and a doctoral student in social sciences. During the meeting we discussed: - Study skills for medical students - There was an opportunity to ask and answer questions at the end of the meeting. 59 Students benefited from the meeting.
6	18/7/2020	The sky is the limit	Mohammad Awad – Local Officer on Professional Exchange Professor Salim Al-Haj Yahya	0 NIS	74 Students	Professor Salim Haj Yahya, Professor of Cardiothoracic Surgery (Honorary Chair) in the Faculty of Medical Sciences, University of Bristol, was hosted. In addition, Professor of Cardiovascular Surgery (Visiting Chair) in Cardiovascular Sciences - British Cardiovascular Research Center Foundation - University of Glasgow in the UK. Moreover, an international observer and consultant cardiologist and heart transplant with mechanical support of the circulatory system. The professor gave us a summary of his experience in the field of medicine. During the meeting, the following was discussed: 1- The basic pillars of a successful doctor. 2- Giving a quick overview of the subject of heart surgery as a humanitarian profession. 3- There was an opportunity to ask and answer questions at the end of the meeting. 74 Students benefited from the meeting.
7	11/7/2020	Dr. Malik's journey from medical school to neurosurgery	Mohammad Awad – Local Officer on Professional Exchange Dr. Malik Zaben – PhD in neurosurgery	0 NIS	37 Students	The International Federation of Medical Students' Associations in Palestine - Hebron hosted Dr. Malik Zaben, a graduate of Al-Quds University - Abu Dis, who holds a PhD in neuroscience from the University of "Southampton" in Britain, and a neurosurgeon at the University of Wales Hospital. In Britain, he is a lecturer at the University of "Cardiff" in the Institute of Neurosciences, and he also holds the position of Executive Director of the International Medical Education Association (IMET2000), which provides many opportunities and training for medical students. Where the meeting dealt with the following: 1- His educational career. 2- The most important success factors, difficulties and proper organization of priorities during specialization and work abroad. 3- An overview of the International Medical Education Association and the assistance it provides to medical students, and its role in supporting the Palestinian health sector in facing the Corona crisis. 4- There was room for asking and answering questions during the meeting. 37 Students benefited from the meeting.
8	7/6/2020	The present professor is a student of the past, how was his educational trip abroad?	Mohammad Awad – Local Officer on Professional Exchange Prof. Ghassan Abu Hijleh	0 NIS	29 Students	Palestinian Medical Students' Association – Hebron – PPU hosted Dr. Ghassan Abu Hijleh, former Dean of the Faculty of Medicine at Hebron University, who holds a Bachelor's degree in Medicine and Surgery from Ain Shams University, a high diploma in forensic medicine and a doctorate in medicine from the University of Glaxo - Britain. The meeting dealt with the method of specialization in Britain and the steps that students can take to facilitate their educational and professional path. The room was given to ask questions and answer them during the meeting.

Standing Committee On Research Exchange (SCORE)						
#	Date	Title	Leader & Coordinators	Budget	Participants	Description
1	(1) 11/2/2023 (2) 17/2/2023 (3) 24/2/2023	3 Steps Before Starting Scientific Research	Omar Heih- Local Officer on Research Exchange Marah Hunjul Usra Ghanem DR. Mahmoud Alhaddad - Head of the Department of Basic Medical Sciences at Palestine Polytechnic University	0 NIS	(1) 105 Students (2) 80 Students (3) 131 Students	(1) The first session was done on google meet on 11/2/2023 Saturday at 7 pm and lasted for 1.5 hours. It was presented by Marah Hunjul- PMSA Palestine facilitator, the session was about "How to read a research paper". All session goals are explained, use 2 research papers are for clarification, and in the end quizzes online program was used for evaluation. 105 students were present and filled out the attendance form. (2) The second session was done on google meet on 17/2/2023 Friday at 7:30 pm and lasted for 1.5 hours. It was presented by Usra Ghanem- NPO, and the session was about "Ethics in research, research method, and study design". All session goals are explained, and every question was answered. 80 students were present and filled out the attendance form. (3) The third session was done on zoom on 24/2/2023 Friday at 7:30 pm and lasted for 2 hours. It was presented by Mahmoud Alhaddad- Head of the Department of Medicine and Health Sciences at Palestine Polytechnic University, and the session was about "How to write a proposal". All session goals are explained, and every question was answered. 131 students were present and filled out the attendance form.
2	14/2/2023	How To Apply For A Research Exchange And A Professional Exchange.	Omar Heih - Local Officer on Research Exchange Yaman Qunaibi - Local Officer on Professional Exchange Rasha Shweiki - National Officer on Research Exchange - PMSA	0 NIS	75 Students	The online meeting that held via Google meet platform on Tuesday, 14- 2-2023 at 7:00pm, and it lasts for two hours, Rasha Shweiki –NORE PMSA - was the trainer, she started by introducing IFMSA, PMSA and Exchange program, Exchange aims, SCOPE\SCORE mission, the Academic quality steps, Exchange Application process in details and All students questions were answered. The outcome was higher than expected, more than 70 students were present. We ended up giving certificates to all participants who filled the attendance form. The outcome was higher than expected, more than 200 students were present. We ended up giving certificates to all participants who filled the attendance form.
3	17/10/2022	SCORE-101, Introduction Meeting About The Committee	Omar Heih- Local Officer on Research Exchange Ahmad Rjoud - Presenter / coach of the meeting	0 NIS	20 Students	An introductory meeting for the committee was held for two and a half hours for Students of human medicine - Faculty of Medicine and Health Sciences at Palestine Polytechnic University. The committee's work, services, and research exchange program were explained, and students from other unions were hosted to share their experiences. We hosted in the meeting Ahmed Rajoub-NORE as the coach of the meeting and the students Amani Bashar from PMSA-Jerusalem and the Amra Odeh form PMSA-Nablus, where they shared their experiences in the research exchange. 20 students benefited from the meeting.

4	25/9/2020	Can we manipulate neural stem cells to enhance brain repair after injury?	Fatima Manasra - Local Officer on Research Exchange Razan Al-Zatary - Local Officer on Medical Education Dr. Malik Zaben - PhD in neurosurgery	0 NIS	62 Students	PMSA HebronPPU hosted Dr. Malik Zaben, a graduate of Al-Quds University - Abu Dis, who holds a PhD in neuroscience from the University of "Southampton" in Britain, and a neurosurgeon at "University Hospital" Wells" in Britain, and a lecturer at the University of "Cardiff" in the Institute of Neurosciences. He also holds the position of Executive Director of the International Medical Education Association (IMET2000), which provides many opportunities and training for medical students. Where the meeting covered: 1- Talked about the possibility of using stem cells to stimulate the treatment of damaged brain areas. 2- Talked about the Scientific Research Club of the Foundation, which targets medical students in Palestinian universities, and how to apply for it. 3- There was a room for asking and answering questions during the meeting.

Standing Committee On Reproductive Health (SCORA)						
#	Date	Title	Leader & Coordinators	Budget	Participants	Description
1	24/2/2023	The Right of Reproductive and sexual health	Ameer Saleh Al-Bzour - Local Officer on Reproductive Health Maya Miqdadi - The Reproductive health program officer at the United Nations Population Fund UNFPA	0 NIS	41 Students	The project is a webinar presented by one speaker on Modifying some misconceptions about reproductive health which is presented by Mays Miqdadi- The Reproductive health program officer at the United Nations Population Fund UNFPA'. This webinar is targeting at least 40 students from Palestine Polytechnic University – College of Medicine and Health Sciences to raise their awareness of misconceptions about reproductive health and meaning of reproductive. The progress of the webinar was excellent. Many participants were interactive during the webinar and discussed their ideas with others. The outcome of the webinar was very good. Attendance was more than 40 participants at the beginning of the webinar. All participants got benefits from the webinar and became more mindful about their roles in contributing to these areas, shared their questions with the speakers in these three areas.
2	10/2/2023	Identification of the standing committee on reproductive health	Ameer Saleh Al-Bzour - Local Officer on Reproductive Health Samia Hamad – National Officer of Reproductive Association - National Officer on Reproductive Health and AIDS - PMSA	0 NIS	32 Students	The project is a webinar presented by one speaker on three major areas; 'identification of IFMSA which presented by 'Samia Hamad', a national officer of reproductive association, and 'identification of PMSA' which presented by 'Samia Hamad', and 'identification of SCORA' which presented by 'Samia Hamad'. This webinar is targeting at least 35 students from Palestine Polytechnic University – College of Medicine and Health Sciences to raise their awareness of the identification of The Standing Committee on Reproductive Health (SCORA) and meaning of reproductive. The progress of the webinar was excellent. Many participants were interactive during the webinar and discussed their ideas with others. The outcome of the webinar was very good. Attendance was more than 35 participants at the beginning of the webinar. All participants got benefits from the webinar and became more mindful about their roles in contributing to these areas, shared their questions with the speakers in these three areas.
3	22/6/2020	IVF	Raghad Dweik - Local Officer on Reproductive Health Dr.Wafa Al-Akhdar Al-Jabary - Consultant doctor on infertility and IVF	0 NIS	43 Students	Our assosiation, from the beginig, has aimd to develop medical student's knowledge and clinical skills, so we in SCORA-Hebron PPU organized a lecture on IVF subject with Dr.Wafa Al-Akhdar Al-Jabary - Consultant doctor on infertility and IVF. These things were discussed about IVF: 1- Definition 2- Reasons for resorting to IVF 3- Success rates 4- Reasons for repeated failure. 43 Students benefited from the meeting.

Standing Committee on Human Rights and Peace (SCORP)						
#	Date	Title	Leader & Coordinators	Budget	Participants	Description
1	25/2/2023	Humans of SCORP	MohmmadRjab Seder - Local Officer on Human Rights and Peace Lina Abbas	0 NIS	57 Students	In healthcare, a diversity and equity approach are necessary to provide equal opportunities, reduce inequalities and improve the doctor-patient relationship. Therefore, this webinar aims to discuss the meaning of justice, equity, diversity in general, WHY, and HOW medical students and doctors contribute to serve the community and healthcare services. This webinar is targeting at least fifty students from Palestine Polytechnic University – College of Medicine and Health Sciences to develop the skills and abilities of those medical students to serve the community and achieve an equitable and inclusive world, increase their awareness to their rules and duties in achieving an equitable and inclusive world. The progress of the webinar was excellent. Many participants were interactive during the webinar and discussed their ideas with others. The outcome of the webinar was very good. Attendance was 57. By the end of the webinar, at least 80% of participants know their roles as medical students and future doctors to serve community and vulnerable groups of people.
2	3/2/2023	“Peace and Tolerance” & “Child Rights”	MohmmadRjab Seder - Local Officer on Human Rights and Peace Rania Negm - an international IFMSA trainer Fatima Alzhraa Abutair - a national child rights facilitator	0 NIS	42 Students	The project is a webinar presented by two speakers on two major areas; ‘Peace and Tolerance” which presented by ‘Rania Negm’, an international IFMSA trainer, and ‘Child Rights’ which presented by ‘Fatima Alzhraa Abutair’, a national child rights facilitator. This webinar is targeting at least fifty students from Palestine Polytechnic University – College of Medicine and Health Sciences to raise their awareness of the meaning of peace, tolerance, child rights, and their role as medical students in peace building and these areas. The progress of the webinar was excellent. Many participants were interactive during the webinar and discussed their ideas with others. The outcome of the webinar was very good. Attendance was more than fifty participants at the beginning of the webinar, and forty-six at the end of the webinar. All participants got benefits from the webinar and became more mindful about their roles in contributing to these areas, shared their questions with the speakers in these two areas.
3	6/3/2021	The silence activity	Rahaf Adwan - Local Officer on Human Rights and Peace Shaima Qudaih - An experienced sign language trainer and speech therapist	0 NIS	49 Students	Given the importance of sign language and its being one of the most important non-vocal methods of communication, learning it is a mandatory and essential condition in all institutions of society, especially health ones, and shedding light on and raising awareness of the rights of the deaf and dumb. An experienced sign language trainer and speech therapist, Shaima Qudeih, was hosted The following were presented in the activity: 1- The basics of sign language and how to deal with a deaf person. 2- Many signs and words were applied in the video. 3- Some medical terms in sign language

4	26/9/2020	The importance of dialogue in peace and accept the deference	Rahaf Adwan - Local Officer on Human Rights and Peace Mohammed Sami	0 NIS	43 Students	Under the supervision of the local officer on human rights and peace at PMSA-HebronPPU, and in cooperation with the Coordinator of the Dialogue Ambassadors project "Mohammed Sami", a workshop, entitled "The importance of dialogue in peace and accept the difference", have been conducted. The meeting addressed the following: 1. Redefine views of themselves, the "others" and the world. 2. Promote mutual understanding in young people across ethnic, religious, ideological, and intellectual differences among others, by engaging them in a dialogue with each other. 3. Promote peaceful coexistence through dialogue. 4. Practice, integrate and promote dialogue tools, methodologies, approaches and values in their organizations and societies. 5. Urging other youth to engage in dialogue more - and to be more conversational in their daily lives.
5	25/7/2020	The violence within corona virus	Rahaf Adwan - Local Officer on Human Rights and Peace Dr. Shafee Saadeh	0 NIS	28 Students	Given the increase in cases of violence and its psychological impact, and the importance of highlighting such cases in the current situation.. The doctor gave us a summary for his experience in the field of medicine especially in Psychiatry and talked about the violence within corona virus. during the meet we discussed the following: 1- The main pillars of a successful doctor. 2- A quick overview for the psychiatry and its importance especially in this time 3- the definition of violence and its types 4- Some suggested solutions to reduce this phenomenon. 5-There was a chance for asking and answering questions at the end of the meeting. 28 Students benefited from the meeting.

Standing Committee on Public Health (SCOPH)						
#	**Date**	**Title**	**Leader & Coordinators**	**Budget**	**Participants**	**Description**
1	15/2/2023	New Semester, Strong Mettle	Rahaf AL-Dwaik - Local Officer on Public Health Dr. Ahmad Mansour	0 NIS	151 Students	Having new beginning with SCOPH was the main goal of the session, SCOPH focuses on mental health, and medical students mental health is completely associated with their studying. The project was focused on having a new beginning with the new semester, advising them how to study by giving some ideas and tips, also we focused on giving them hope and optimism and Alhamdulillah that happened in such a crazy way, 151 student or more joined the session, they were active, happy and gave us an amazing feedback, even they asked us to have more and more sessions like it.
2	1/9/2022 – 17/1/2023	Awareness about the Corona vaccine	Rahaf AL-Dwaik - Local Officer on Public Health Ehab Al-Ddah - National Public Health Officer - PMSA	8000 NIS	8 Students	The project was started in September-2022 and ended by January-2023. The main goal of applying such these projects is to AWARE people from different places and ages about public health and seasonal diseases also about covid-19. Participants went to Hospitals, clinics and schools to aware people, even at street they did it. Hundreds of people become aware of seasonal diseases, covid-19 and their vaccines. Competition was successfully done, a very positive feedback was collected verbally and by pictures.
3	12/9/2020	Intensive First Aid Workshop	Daleen Shehadeh - Local Officer on Public Health	0 NIS	20 Students	The Standing Committee On Public Health (SCOPH) in PMSA-Hebron PPU has organized an intensive first aid workshop . Which was provided by the Palestinian Red Crescent Society , and it was held at the Palestinian Red Crescent library in the old city The workshop targeted the 1st, 2nd and 3rd year medical students, it covered some topics such as burns, fractures, wounds, bleeding and a brief about CPR. In addition for practical training.
4	3/6/2020	Does Online Learning Ruin Your Eyes?	Daleen Shehadeh - Local Officer on Public Health Razan Al-Zatary - Local Officer on Medical Education Dr. Radwan Aljuneidi - an ophthalmologist	0 NIS	41 Students	The COVID-19 pandemic has spread to almost all parts of the world. Many colleges have suddenly switched to distance education to continue teaching while everyone else stays at least six feet apart to avoid spreading the virus. But this distance learning can affect our health in a negative way, especially on our eyes. It was necessary to hold an awareness lecture, to increase the students' knowledge of the problems and the negative effects resulting from sitting for long hours, watching the screens of mobiles and computers. 41 students benefited from this lecture
5	19/4/2020	SCOPH 101, SCOPH Programs 101, Leadership & Team dynamics, Activity Planning	Daleen Shehadeh - Local Officer on Public Health Mohamed Mamdouh - National Public Health Officer - PMSA	0 NIS	32 Students	An introductory meeting for the committee was held for two hours for Students of human medicine - Faculty of Medicine and Health Sciences at Palestine Polytechnic University. The committee's work, services, Team dynamics, Activity Planning. 32 students benefited from the meeting.

Database & Technology Support Division (DTSD)						
#	**Date**	**Title**	**Leader & Coordinators**	**Budget**	**Participants**	**Description**
1	2/7/2020	Importance of using computers in our current time	Farah Shaheen – Database & Technology Support Division Director Dr-Radwan R. Tahboub Eng. Haitham Badarin	0 NIS	39 Students	In order for the importance of using computers in our current time, the time of development and corona pandemic, it is important to keep up with the most important things that we need in this field dealing with technology. the workshop with Dr-Radwan R. Tahboub and Engineer Haitham Badarin bad to talk about several issues, including: 1. Introducing operating systems to work these days. 2. Introducing the most important applications to do in general and in corona mode in particular. 3. Basic computer protection with anti-virus. 4. Ways to store and save files on a computer. 5. File saving methods and applications on different cloud computing platforms (Google Drive and Dropbox). 39 students benefited from this lecture.

Social Support Division (SSD)						
#	Date	Title	Leader & Coordinators	Budget	Participants	Description
1	13/4/2023	Iftar and Ramadan evening - 2	Thekra Mashaal – Social Support Division Director Farah Shaheen – Treasurer	0 NIS	280 Students	Iftar and Ramadan evening, which were implemented by the social support division, under the supervision of Dikra Meshaal and Farah Shaheen, on Thursday [13-3-2023] at Palestine Polytechnic University, the activities building. The activity was held in the presence of members of the official union team, the dean and staff of the College of Medicine, in addition to the presence of the Dean of Student Affairs, and with the participation of medical students from different years in the College of Medicine and Health Sciences. This activity took place with the support and presence of the Ana Jawal team, which provided gifts and prizes to the participating students.
2	21/4/2022	Iftar and Ramadan evening - 1	Mohammed Hroub – Presedint of PMSA-HebronPPU Rahaf Adwan - Local Officer on Human Rights and Peace	0 NIS	120 Students	On Thursday, 04/21/2022, PMSA-HebronPPU organized an Iftar and Ramadan evening on the university campus in partnership with various international student associations at the university, namely: (AEE, IEEE, Code Club, IMECH, DSC, AIAS) In cooperation with the Deanship of Student Affairs. This work came within the objectives of the associations as a whole in creating the foundations for cooperation and teamwork among them, not to mention the endeavor of the Deanship of Student Affairs to highlight the identity of these associations and show the extent of their capabilities in providing academic assistance and educational activities to students. This evening included an introduction for each association and club about their mechanism of work, and their future goals in providing the best for students. The evening also included an entertainment competition and distribution of gifts to the attendees.

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